Crisis or opportunity?
Staying invested over time has its rewards

The growth of $10,000 from January 2000 to December 2019

1. Over time, equity markets go through volatile periods.
2. As volatility subsides, markets have typically resumed their upward course.
3. Maintaining a long-term perspective can help you stay invested and benefit from long-term gains.
4. Your advisor can help you create a long-term investment strategy.

![Graph showing the growth of $10,000 from January 2000 to December 2019](image)

The growth of $10,000 since January 2000. An investment cannot be made directly in an index. Graph does not reflect transaction costs, investment management fees or taxes. If such costs and fees were reflected, returns would be lower. Past performance is not a guarantee of future results. Performance data as of December 31, 2019.

Source: RBC Global Asset Management Inc.

This article is not intended to provide individual legal, accounting, tax, investment, financial or other advice and is for informational purposes only. Specific investment strategies should be considered relative to each investor’s objectives and risk tolerance.